The ECO Families Newsletter

Equipping adult educators and parents with green skills and innovative AI-powered digital learning for sustainable eco-living practices

Welcome to the 2nd Newsletter of the ECO Families project!

We are excited to share what we have developed during the past six months.

Our Mission: To equip families with the knowledge and skills to live more sustainably and inspire future generations to embrace environmental responsibility.

Here you can find the first video podcasts
https://www.youtube.com/@EcoFamiliesProject

Co-funded by the European Union

Check out our first activities:

Green Initiatives in all 5 partner countries have been mapped and are available on the project website – discover great examples of how to live more sustainably: From turning food waste into compost even in your own apartment to choosing second-hand clothing over buying new clothes, interesting initiatives have been collected in the partners' countries Belgium, Cyprus, Greece, Poland and Romania.
Creating Engaging Content: Informative video-podcasts have been produced and are available here: https://www.youtube.com/@EcoFamiliesProject
Developing Green Skills: Modules for the course have been developed and are now being translated into the partners' languages
Hosting Informative Events: The European Parents' Association (EPA) has organized the first Info-Day in Brussels during its General Assembly and International Conference in May.

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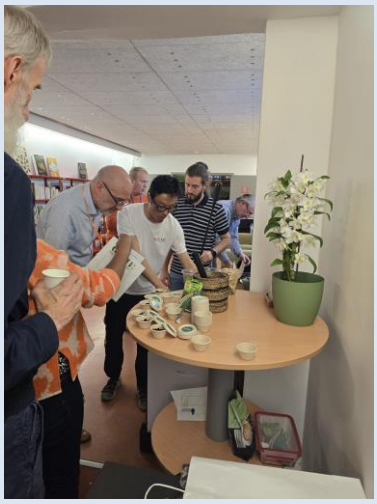
Who We're Reaching:

Parents and Caregivers: You!
Children: The future stewards of our planet.

The first ECO Families meeting in person

A successful in-person meeting was held in Warsaw on 13-14 March 2025. Partners interviewed the managing director of the Ibis Hotel about the challenges of implementing sustainable measures in this business sector and learned about ways of avoiding food waste through a thorough analysis of which parts of a dish come back to the kitchen, saving energy through LED lamps and lightening coupled with movement sensors, the use of water saving showers and taps, and many others.



The EPA Info-Day took place in Brussels

following the EPA General Assembly on 24th May 2025 and met with a lot of interest by the delegates of parent associations from different European countries. Not only did they get an overview of the project and its planned results but they also had a hands-on experience testing a composter that you can use in your home to recycle food rests from your meals.

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